



First Responder Basic Peer Support & CISM

UPCOMING CLASS For First Responders

October 28, 29 & 30 2015

Wednesday, Thursday & Friday
8:00 AM – 4:00 PM each day

Location:
California Regional Public
Safety Training Authority
2409 Dean Street,
Sacramento 95652

Register at
californiapeersupport.org

For questions or more information
contact:

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\$200 (CPSA Members)
\$250 (non-Members)

Topics that will be presented are:

- What is a Peer Supporter
- Active listening
- Setting up a peer program
- Role of Mental Health clinicians
- Balancing work & relationships
- Addictions
- Suicide
- Assisting Grieving coworkers
- Depression
- Mitchell Model Debriefing
- Mitchell Model Defusings
- Critical Incident Stress Management
- Scenario Training
- Taking care of you

All concepts will be taught, discussed and practiced. Realistic scenarios will be utilized in scenario training. Certificates issued in both Basic Peer Support and ICISF Group Intervention